



20th December, 2011

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The Chairman's Message

We are almost at Christmas 2011. Hasn't the year flown past.

Well it has been an eventful year with the highlight being the Frank Nobilo visit. It was heart warming to see the passion and the deep commitment of Frank Nobilo. He is committed to our Foundation and we are very fortunate.



Bob Harvey Frank Nobilo Frank Schwanner

The media participation (TV and radio) and the several interviews Frank has given, gave our Foundation untold publicity and lifted the Foundation's image to another level. I myself felt that I was on "Cloud Nine" for days, but ultimately I descended back to reality.

Our fight for recognition and proper funding is our top priority and we are drafting a new approach to bring on to our Board heavyweight members with specific skills. Early in 2012 we will seek an appointment with the Minister of Health. We will be armed with facts and figures that the Minister will find hard to ignore. It would support our new approach if we could have some clients' testimonials. A testimonial from you would be compelling. Can I ask you to put pen to paper and write down, coming from your heart, what difference Conductive Education made for you.

2012 may be the turning point in the life of our Foundation. In October 2012 we will celebrate our 20th Anniversary. This time next year we may celebrate a major breakthrough regarding Ministry of Health funding.

On this note, on behalf of all of us, I wish you a wonderful Christmas, good health and happiness. God bless you.

Frank Schwanner.



Our Mission is:

To provide the highest quality of rehabilitation through Conductive Education for people with neurological disorders in New Zealand

**Next term starts:
Wednesday, 1st February 2012**

I have the honour of thanking the many supporters of the Foundation without whose on-going support we could not survive and deliver the services we do.

The Ministry of Health have consistently renewed our contract with them to support clients under the age of 65 in their rehabilitation and for this we are grateful. This contract funding is used to pay the salaries of our Conductors.

We are currently in discussion with the Waitemata District Health Board in the hope that we can secure a contract with them to support our over 65 years of age clients.

The ASB Community Trust has been a long term funder of INRF and again this year they have provided us with \$28,000.

The Trust Community Foundation also fund us annually and have done so for many years now. They have given us \$45,000 this year and this funding covers our Conductor Assistants' salaries and running costs. We have another application with them currently that will be considered in December.

We also receive funding annually from Lotteries and COGS and both these funders have been very generous to us providing us with \$17,500 this year.

There are a number of smaller grants that we have received this year for items including \$6,000 for our security cameras from the Lion Foundation, \$1,200 for a new Solatube for the dark office without any natural lighting from Auckland Council, \$1,000 from United Way for the printing of our new brochures and two grants from Blue Waters for tables and chairs \$4,500 and \$6,000 for exercise equipment.

Last but not least a big thank you to you our clients who continue to support the Foundation by providing a donation for the services received, some do this weekly and others on a term by term basis. We really appreciate these donations.

Without this fantastic support this organisation couldn't survive so we are very grateful for all the continuing support.

Jan Brown



Hi All.

How time flies! Now it's time for you to read our final newsletter of the year!

We have enjoyed a very busy year with our strong, well organized and capable rehabilitation team which includes two professionals and three rehabilitation assistants.

Our assistants (Stacey, Kumiko and Ali) have learnt a lot about the philosophy of Conductive Education, different types of disabilities and the benefits of long term rehabilitation.

As a result of this we have been able to increase the number of our clients and open a couple of new classes. Some of our clients now have the opportunity to attend twice per week and the majority is attending once a week.

All of our clients are making good, steady progress and are able to maintain their abilities. The benefits enable clients to reclaim varying degrees of independence at home as well as in social and other external environments.

On behalf of INRF I thank you all for your fantastic work throughout 2011 in improving the quality of life for our clients. I wish you all a happy and safe holiday. Come back refreshed and ready for another challenging and rewarding year.

Inna Shoshina, Senior Rehabilitation Specialist/Manager



Merry Christmas!

As some of you are aware, and for those who are not aware, we have printed our new brochures. We were lucky enough to have them designed for free by Helio designs. United Way kindly made a donation that allowed us to pay for the printing. They are currently situated in the foyer of the Centre.

Please feel free to have a look or take some to pass on to your friends, doctors or any one that you think may be interested in INRF. The brochures are a lovely bright color and feature some of our current clients and staff. We are very pleased with the final product and hope they will inform people about the service we provide.

Have a wonderful Christmas break. See you all in the New Year.

Stacey O’Gara, Rehabilitation Assistant

Client Profile

Heather Beare

My name is Heather Beare and I am now retired. I was the Financial Controller of Community Houses Out West, Parent Aid, Glen Eden Protection Society and Waikumete Cemetery.

Next year on the 5th February I will have been married to Bill for 40 years.

On the 17th October 2009 at 1.30am I had a massive Stroke. Bill called 111 and within half an hour I was in the North Shore Hospital Emergency Ward.

At that time the doctors told Bill I had had a massive stroke and that if there was no change within 24-36 hours I would be like this for the rest of her life - I couldn’t move any limbs or talk. Thankfully, within 12 hours I was moving and saying Yes/No.

I stayed 10 days in North Shore Hospital and then moved to Waitakere Hospital for 6 weeks for rehabilitation. At the Waitakere hospital I had physio and speech therapy. I improved greatly and got to the stage where they couldn’t do much more for me, so I went to Arran Court Rest Home.

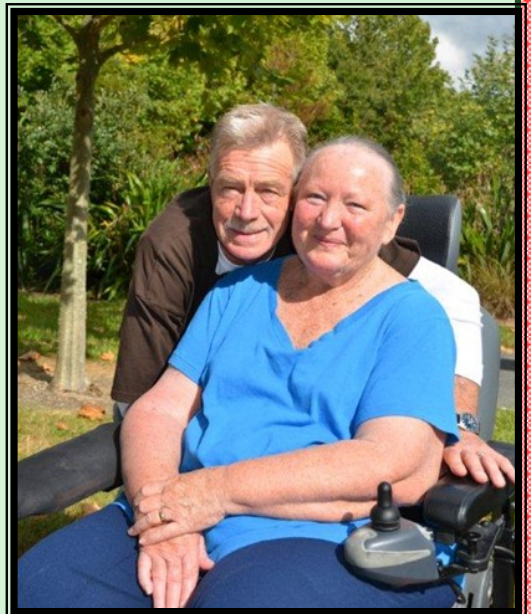
I stayed there for 4 weeks and then moved closer to home and family to Terence Kennedy House at Oratia where I still am.

Whilst in this House we heard from my sister about Conductive Education at Tui Glen. Eventually getting here I have improved greatly and now I come twice a week to this wonderful place. Without this, I don’t know what I would have done.

And now after all this time I am leaving the Rest Home and returning to my own home and will continue coming twice a week to Tui Glen.

The people here are wonderful people. They have helped me so much and my husband as well. We are very grateful.

Heather Beare





Integrated Neurological
Rehabilitation Foundation

**Rehabilitation through
Conductive Education.**

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Thanks to all our Funders:



Donations can be made to INRF in the following ways:

- Cheque made payable to INRF and mailed or given to Administration
- Cash can be handed to Administration at INRF
- Electronic payment can be made to INRF
ANZ Bank Account No. 011825-0007244-00
Please put your name in the reference section

We have 3 offices we would like to rent to a community organisation or professional person. If you know anyone who may be interested please let us know.

The rooms at the Centre are available for hire for many different occasions such as meetings, weddings, parties at very attractive rates.

If you want to know more details of either of the above please contact Janet or John in Administration 836 6830

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**Thanks to our valuable Volunteers who help keep our
Centre looking and operating at its best .**