

Integrated Neurological Rehabilitation Foundation

Through Conductive Education

NEWSLETTER



Autumn 2011

Chairman's Message

Hello Everyone!

I trust that you are all well and are making good progress.

It is good to see that Conductive Education draws more and more people. We have over a hundred clients and a growing waiting list. I would like to pay a compliment to our three Conductor Assistants. They are doing good work and contributing to our rehabilitation service.

The good news is that now we are in a position to renew their contracts for a further twelve months. We have just been granted \$45,000 by the Trusts Charitable Foundation to fund their salaries. This is now the second year that TTCF have provided this funding and we are thankful for their continued support.

We would like to give a permanent contract to our Conductor Assistants, but funding by the Charitable funders are not guaranteed as available funds for distribution can diminish in uncertain times such as the recession New Zealand has experienced in the past three years. Hopefully ultimately the Ministry of Health and the DHB will provide us with funding contracts that will enable us to become less dependent on grants from charitable foundations for our salaries.

Last month we had an encouraging meeting with the Ministry of Health and we are in the process of meeting with the top DHB Officials regarding funding for the clients over the age of 65 years.

The Ministry of Health only provides funding for clients under the age of 65 and the DHB to date has not provided us with any funding. INRF does not don't discriminate over or under 65. We look after everyone.

We always have had frugal housekeeping and have survived and we will continue to progress. We aim to be in a position to engage a third Conductor so we can run three programmes simultaneously.

We feel that we might finally make a breakthrough and Conductive Education will be accepted as an important part of our health system.

We of course will need full acceptance by the Medical Fraternity. This will only come when CE will have a scientific evaluation to confirm its benefit in scientific terms. We have just recently learned that such scientific appraisal of CE is under way in Birmingham, England. We hope to see a positive and conclusive outcome that will help our cause in New Zealand.

Our Conductors are proving everyday you are living testimony that CE works, but our doctors insist on scientific proof. In the meantime we just keep working. Keep up the good work and acceptance is only a matter of time.

I wish you all well and just keep on keeping on.

My best wishes to you.

Frank Schwanner

Our Mission is:

To provide the highest quality of rehabilitation through Conductive Education for people with neurological disorders in New Zealand

Deputy Chair



It is with great regret that we said farewell to John McLean recently. John has been with the Foundation for over 10 years and has been on the Board of Trustees as our Treasurer. He has been a trusted and supportive member of the board whose honesty and sound decision making will be missed.

We will get to see John from time to time as he still comes weekly to bring his mother in for rehabilitation. Thank you John for your dedication to the Foundation all this time.

The position of Treasurer has been kindly taken on by Peter Mundy who worked with INRF some time ago helping us to set up our archives and comes to us with the necessary skills to keep our accounts in good order. Thank you Peter for stepping into the breach and supporting us.

Jan Brown - Trustee.

Conductor's Column

Hong Kong Conference

In December 2010 I attended The World Congress on Conductive Education which was held in Hong Kong. The theme was East Meets West Adaptation and Development.

This gave me a great opportunity to meet with lots of different people who are involved with Conductive Education. I also met up with some lecturers and classmates from Budapest and we had a great time! It was good to see that the system has spread worldwide in the last twenty five years. The holistic concept in managing the multiple needs of persons with neurological conditions and the use of psycho-educational strategies in rehabilitation make Conductive Education a unique system with unique features.

One of the most interesting things for me was the research in Conductive Education. I was very pleased that The National Institute of Conductive Education, Birmingham. UK has established a research project to identify the potential role of Conductive Education with the UK National Stroke Strategy.

The following main research objectives have been identified:

- The extent to which the use of CE has made a distinctive improvement on the quality of life.
- The extent to which CE users feel that their quality of life has improved and whether it has played a significant role in supporting them achieve their desired outcomes.
- Whether there is evidence that the use of CE can make a financial saving on the future costs of care, and a guide to the type and value of these savings.

This study started in January 2010 and results will be published and available July 2012.

I am looking forward to some good outcomes and proof that Conductive Education can offer a real alternative approach which has the potential to improve the quality of life for people with neurological conditions.

Inna Shoshina, Senior Rehabilitation Specialist /Interim Manager

***Thanks to all our funders for their support,
and:***

A huge thank you to all our clients for the donations we have received.

Christmas Function

Last year we decided that we would like to change the venue for our yearly Christmas celebration from the "good old" to something more different and exciting.

We chose Brigham's Creek Restaurant in Hobsonville surrounded by a lovely garden setting for our Christmas lunch. We had heard a lot of positive comments about this place. All of us were looking forward to experiencing the new venue and from your feedback I think we made the right decision



From the photos we can see that all of you enjoyed the food and bar facilities, and had a happy time with family, friends, and enjoyed each other's company.

As usual our raffles were very popular with some lucky clients winning the raffle prizes. If you didn't win last year, don't give up, hopefully this year will bring you good luck

Nora Keczan, Rehabilitation Specialist

Programme Assistants Column

The 19th March was a special day for us here at the Foundation. Even more so for two of our clients, Lucy and Robert. We were all very privileged to be involved in their celebration of love and future together. Lucy and Robert met each other here at the Centre, and they have both been attending for around two years.

They held their ceremony at the Centre which was beautifully decorated. A big thank you to Loren Taylor who helped make the wonderful transformation.

Lucy looked very elegant in her white dress and Robert went back to his Scottish roots with a traditional MacDonald kilt. After the ceremony, Lucy and Robert's family and friends came together to toast the happy couple and to enjoy the wide variety of food brought by the guests. It was good to see everyone having a good time, old and new clients.

Overall it was a great afternoon and I wish all the best in the future to Lucy and Robert. I hope they have a long happy life together.

I look forward to the next celebration☺.

Stacey O'Gara, Rehabilitation Assistant



Administration Column

A very big thank you to Peter, Bebe, Frank, Christina and Lance our wonderful volunteers, who help keep our Centre organised and running smoothly.

You can hire our Centre during evenings, weekends and term breaks for private parties, meetings, weddings, etc. at very competitive hourly rates. Talk to Janet if you are interested.

The double doors to our Centre Reception are usually kept on automatic to allow access and to keep the Centre temperature constant. However, for our clients who have walking difficulties we can lock the doors to stay open. We try to predict the need, but if this isn't done, please ask any of the staff to do this.



Janet Coulson, Administrator

Community Services Column

The Tui Glen Art Class - A SAD MOMENT

Edward (Ted) Rogers Died of a heart attack on Tuesday 22 February 2011. He was 69. We will miss his compassion, humour, stories and patience

Some history: Ted was our tutor for many years, He loved the environment of the park so much he coined the name "The Tui Glen Art Class". Under INRF's old name of Auckland Conductive Education, the Art Class ran for 6 or 7 years, initially starting with a Saturday morning class, then Saturday afternoon plus a Tuesday night class. The concept in the initial stages was to have disabled artists meet with other artists who would not have otherwise mixed

Ted's concept was "anyone could paint". One of our clients, Kurt, who was an accomplished painter, was very distressed that he had lost that ability after his Stroke. Shirley, our Administrator at the time, knew Ted and introduced him to Kurt. Ted started going to Kurt's home to re-teach him to paint with his left

hand. When I heard of this I suggested we had art classes at our Centre and the rest is history. My wife and I promoted the classes in the initial stages with other artists outside of Conductive Education. The concept worked and the Art Classes grew. Art exhibitions which followed were advertised by the Waitakere Art Council as exhibitions to visit.

The future of The Tui Glen Class is in abeyance until May when we will find out if an application for funds has been accepted

I have been in touch with a new tutor, Rachel McGregor. Her creative art activities include painting on canvas to mosaic, decoupage and garden art for the last 25 years. Inna and I will keep you up to date when the funding comes in and we can start the art class.. Rachael feels that she has pretty big boots to fill with Ted gone but she has a raft of experience to also go into other mediums that could be of interest to our clients

Fire system upgrade



Since the new centre was finished for the 2008 opening there were some items that we had insufficient money to install. One of them was a decent fire system and without it the building had a restriction for 50 people only

The original design called for an F2 Fire System which would double the number of people on the premises at any one time. Last year Inna successfully applied for the finance to pay for the fire system upgrade.

The Fire System is now installed which means that we are able to increase client numbers and hire out the Centre to a greater number of people in the community

There are a number of people Integrated Neurological Rehabilitation Foundation (INRF) would like to thank for their generosity :

- Jan Brown and her association with MacDonald Barnett Partners engineers who carried out the review and drawings for statutory requirements
- First Fire System Ltd. for their generous discount of \$2,000 covering labour and all cabling .
- Pertronic NZ Ltd, Mr.Rob Fenton, for a 50% discount off their wholesale cost of \$1,373.29 bringing the INRF cost to \$686.55
- Building Fire and Safety Ltd, Mr. Werner Gerbhart, for a 50% discount on his inspection fee.

John Toole, Community Services

Dates to remember

<i>Term 1</i>	<i>Last day</i>	<i>Friday</i>	<i>15th April 2011</i>
<i>Term 2</i>	<i>First day</i>	<i>Monday</i>	<i>2nd May 2011</i>
<i>Any queries phone INRF on 836 6830</i>			