

Integrated Neurological Rehabilitation Foundation

Through Conductive Education

NEWSLETTER



Summer 2010

Chairman's Message

Hello everyone,

I trust that you are all well, enjoyed the last term break and are enjoying our good weather after a very long wet period.

Talking about "wet", this is something we did not need. My apologies to you all for the interruption to our classes by the flood. I am most disappointed that such a mishap happened through sheer carelessness. Classes were interrupted, our tenants were inconvenienced and our beautiful new Centre is ruined. It will never be the same again. Although the carpet is dried out it is streaky and probably the gluing will be affected.

However, on the brighter side ASB granted funds to our Foundation of \$28,000 to cover running costs. We had applied for \$30,000 and considering ASB's available funds were vastly reduced due to the world recession, once again ASB has been very good to our Foundation. Our financial position is getting stronger and we are now considering engaging a third conductor and possibly a third Conductor Assistant.

Christmas is fast approaching and once again we look forward to a nice Christmas lunch, celebrate your progress, our progress and a rest for Christmas and a well deserved break with our families.
Bless you all.

Frank Schwanner



Deputy Chair

Wellington Trip

On Tuesday 30 November Inna, Frank and I took a trip to Wellington to meet with the Ministry of Health (MOH) regarding our contract to provide services.

The meeting was with Ross Livingstone who is our contact at MOH and his immediate superior. The purpose was to talk about increasing the per person rate that the MOH pays INRF for the rehabilitation service we provide, as well as an increase in the number of clients.

It was a very good meeting; we were able to articulate the needs of the Foundation and had a positive response from the MOH. We have been asked to write a business case that Ross will take to the next funding round which we hope will result in INRF being able to employ a new full time Conductor; this would mean we could run more classes.

As for an increase in the per person rate – we have not had an increase for 10 years, which means that we are trying to deliver the same level of services for a much lower amount of money. If this is increased it will put INRF on a more sustainable funding model which means we will not be so dependent on philanthropic agencies for running the Foundation.

*Deputy Dog (alias Jan Brown)
Trustee INRF*



Conductors Column

Christmas is coming!

We had a wonderful time during our Christmas lunches in previous years and this time we have booked The Brigham Restaurant at 164 Brigham Creek Road, Hobsonville. We have heard a lot of positive feedback about this restaurant, so we are looking forward to having a great Christmas party on Friday, 17th December which will be our last day not just for the Term 4 but also for the year 2010!



Inna Shoshina, Senior Rehabilitation Specialist /Interim Manager

Client Helpers Column

It is hard to believe I have been at the foundation for a year. I am not sure where the time has gone, as they say time flies when you're having fun.

It has been a great year for me. I very much enjoy being part of the team at INRF and enjoy helping to assist Inna and Nora with their classes.

Even though I have seven years experience with people with disabilities, each day I'm here I learn more and more. Especially about Conductive Education and the huge impact and difference it has made and can make to people lives.

I would like to thank all the staff and clients for making me feel welcome and a part of your big family here. Hopefully I am able to continue working here at the foundation for the foreseeable future.

Also I would like to wish everyone Merry Christmas and a happy new year. Enjoy your break and the wonderful weather that New Zealand has to offer. I look forward to seeing you all in the New Year.



Stacey



Hello everyone!

It's been about a year since I started working here. It has been full of new experiences for me even though I was working as a physio in Japan. Thanks to Inna and Nora and all the clients, I am learning a lot and enjoying it. I say thank you to everyone for having me and for being very nice to me (and coping with my poor English!). I hope you have a great and safe holiday and have a Happy New Year.

Kumiko

Seasons Greetings to all

There's been a few ups and downs, but INRF is marching forward. I've enjoyed the year working with you all and look forward to next year. You are all sources of inspiration to me. Thank you.



Ali

MISSION STATEMENT

Our vision is to empower all people involved with Conductive Education to embrace its healing power, thereby enabling them to accomplish a lifestyle in which human potential is celebrated.

Community Services Column

Art

A big thank you to Ted Rogers our art class tutor for the donation of canvases and expensive oil paints to help us with our dwindling supplies at this time of year. Mostly we have an all male class with the exception of Bob's carer. She had never painted before and asked when Bob joined the class if she could try to paint. Her first painting was a copy of a Monet. She was so delighted with it that her mum and her are going to join one of Ted's night classes.

There is a good core of first time painters in the class going forward to next year so if you're interested you should start thinking about joining for next year.

Membership

As you will be aware the NZ economy has been through a hard time and this has had a flow on effect for 'not for profits' like ourselves so we are more aware to convince funders about the worth of our services. One way of doing this was to increase INRF Membership for the work of Conductive Education. There has been a great response in the last few months to our membership drive. Thanks to clients and their families for joining up. We now have 52 paid up members. Please if you haven't joined or want to renew, see John Toole about a Membership form. It's also available for family members and friends who may like to donate.

Donations

Thank you for your client donations throughout the year they are essential to the Centre's running costs, and if funders can see that clients are helping to donate on a regular basis they will be more inclined to respond to our needs for the long term challenges of INRF.

John Toole



Administration Column

Longest Bra Chain

GirlGuiding NZ's World Record Attempt



Girl Guides were unable to reach the target of 200,000 by the 27 November deadline, so they will continue to collect bras until they can achieve the world's longest bra chain. They got very close to the record with approximately 130,000 bras which is a massive achievement in just 6 months, as it took Australia 3 years to collect 166,000!

Girl Guides are hoping that the attempt will now take place early to mid 2011 and the

bras that are of a good quality will then be sent overseas as promised,

Girl Guides have asked me to pass on their sincere thanks to the Tui Glen Centre for the amazing support given to them and say they would not have achieved what they did without backing like ours. So a big **THANK YOU** to all those who made a contribution.

*Thanks to all our funders for their support,
and:*

A huge thank you to all our clients, and all the donations we have received.

Congratulations to two of our clients, Lucy and Robert who have announced their engagement, We wish you all the best for your future happiness.



Once again a very big thank you to our wonderful volunteers who help keep our Centre organised and running smoothly –

Bebe - who is determined to make our Archives a user-friendly zone
Frank - who has helped us out with some general property maintenance

Centre for hire –

You can hire our Centre during evenings, weekends and term breaks for private parties, meetings, weddings, etc. at very competitive hourly rates Talk to Janet if you are interested.



A Sunny Christmas

Every year at Christmas time
There's not a sign of snow.
Instead we spend our yuletide days
In the sun's warm cheery glow.

We have the best of Christmas things,
The lights, the gifts, the bells,
(And "snowbirds" who arrive en masse
To fill our beach hotels.)



The glorious weather fits right in
With our happy Christmas mood,
And we can also walk and run
Without having to be snowshoed.

So don't feel bad for your (location)
friends
Who have no snow or ice.
We think our sunny Christmas here
Is a holiday paradise!

By Joanna Fuchs

Janet Coulson



Dates to remember

<i>Last day</i>	<i>Term, 4</i>	<i>Friday</i>	<i>17th December 2010</i>
<i>First day</i>	<i>Term 1</i>	<i>Monday</i>	<i>7th February 2011</i>
<i>Any queries phone INRF on 836 6830</i>			