

NEWSLETTER



Chairman's Message

Hello Everyone,

In my message I would like to pay tribute to our retiring Mayor, Bob Harvey. I, for one, have a reservation about MegaCity. A lot of good Mayors will retire who have made great improvements to their City. Bob Harvey has done a lot for Waitakere City. He worked seven days a week and tried to please everyone's requests.

I had the good fortune of meeting Bob Harvey the day after he was sworn in as Mayor of Waitakere City. I sat in his Chambers for over one and a half hours. His Secretary making apologies and informing me that I was rather fortunate to be granted the appointment when this day was the Mayor's first official day in the Office of Mayor. I felt privileged, but at the same time embarrassed coming to seek his help to help our Foundation Conductive Education.

No one had heard about Conductive Education so I had an uphill battle. I had one hour with Bob Harvey. I was totally sold on C.E. I knew it had a great future and great need. Bob Harvey listened to my passionate speech. By the end of the hour he was almost in "tears". When I was thanking him for his time, he told me that he will be in touch with me.

A week later his Secretary phoned to tell me to be at the Council's Chamber at 7.15pm to make a presentation to the full Council about my case. I was somewhat nervous facing the twenty Councillors trying to sell C.E. to them. I think, since then, we have had full support of the Mayor and the Councillors for over 16 years. They literally adopted our Foundation. They have attended important functions of ours. The Councillors treated our Foundation as their own.

Three years ago when our new Centre was 90% completed we had a \$90,000 shortfall. I wrote to

three carpet manufacturers pleading for their help, Feltex donated all the carpets saving us \$30,000. We had a painter who painted the whole building free of charge, saving another \$30,000. We were still \$30,000 short and we had an unfinished car park and no money. I rang Bob Harvey to come and have a look, which he did. He was amazed at what we had achieved. (Incidentally I did approach Bob if he would do the honours and open our new Centre). Bob said, "Frank, leave this matter with me and I will speak to the Councillors and see if we can build your car park.

Further, Bob said thank you for the honour for asking me to open this new Centre. He said we needed to do something much more important. Bob Harvey said that he would approach the Governor General to do the honours. Well, you all know the rest.

Back to Bob Harvey. Our Foundation has had help year after year. We had grants and we had their support to use the old roller skating rink area to build our new extensions. Twelve years ago ASB Charitable Trust gave us \$100,000 to refurbish the old camp canteen. When that refurbishment was done I went to see Bob and during our meeting I said tongue in cheek, now that we had turned the old building into something useful, perhaps the Council might gift it to us. Bob said "It's not a bad idea, leave it with me" and two months later Bob phoned me to say that the Council decided to gift us that building.

Then followed the building extensions and look what we have today. Bob Harvey and his Councillors have played a major part of the establishment of the Tui Glen Rehab Centre. We are ever so grateful to them.

God bless you all.

Frank Schwanner - Chairman



Conductors Column

Hello Everyone!

We had a very busy Term 3 and are now looking at the last Term of the year for 2010. We currently have 84 clients enrolled in our Conductive Education programme. Most of our clients are attending sessions once a week but some are coming twice: this depends on their ability and availability places in classes. During Term 3 we carried out a few assessment and new clients have started our rehabilitation programme.

In June 2010 I was visiting the March of Dimes Centre in Ontario, Canada. They are providing Conductive Education programmes for children and adults.

I spent a couple of days in their Centre where I met Brent Page who is the National Manager of Conductive Education. We had a very informative meeting by sharing some different experiences between our Centres. Then I was showed around the Centre and met their Conductors team and again we had plenty of topics we discussed. I also was able to

Inna Shoshina

Senior Rehabilitation Specialist/Interim Manager

observe a couple of classes: for Stroke survivors, for people with Parkinson's and one which I was particularly interested in for an adult with Cerebral Palsy.

It is my belief that communication and cooperation between our Centres will enable us to better advance and promote Conductive Education around the world.

In the coming Term 4 Nora and I are going to attend a Parkinson's seminar in November. I will also be away for a couple of days as I will be attending a workshop called Delivering Dynamic Presentation Skills, and in December I'm planning to attend The 7th World Congress on Conductive Education in Hong Kong.

Finally, please go on the Internet and have a look at our new Website. I would like to know your feedback.

What do you think; www.inrf.org.nz

MISSION STATEMENT

Our vision is to empower all people involved with Conductive Education to embrace its healing power, thereby enabling them to accomplish a lifestyle in which human potential is celebrated.



Dates to remember

<i>Last day</i>	<i>Term, 3</i>	<i>Friday</i>	<i>24th September 2010</i>
<i>First day</i>	<i>Term 4</i>	<i>Monday</i>	<i>11th October 2010</i>
<i>Last day</i>	<i>Term 4</i>	<i>Friday</i>	<i>17th December 2010</i>
<i>Any queries phone INRF on 836 6830</i>			



Christmas is coming!

We had a wonderful time during our Christmas lunches in the previous years and this time we have already booked The Bringham Restaurant at 164 Bringham Creek Road, Hobsonville. We have heard a lot of positive feedback about this restaurant, so we are looking forward to having a great Christmas party on Friday, 17th December which will be our last day not just for the Term 4 but also for the year 2010!

Do you believe it? Time just flies!

Inna Shoshina, Senior Rehabilitation Specialist /Interim Manager

Community Services Column

There are spaces to try painting during the two week term break. Just see John Toole if you're interested in trying this craft.



Tui Glen Art Class

- *Thursdays: 1.30-3.30pm.*
- *Full tuition is available*
- *Bring along a friend.*
- *We supply brushes, canvas, paints, coffee, tea and if you're good biscuits*
- *Cost \$7.50 for 2 hours*
- *Tutor: Ted Rogers*
-

This a Community Service for Integrated Neurological Rehabilitation Foundation

John Toole, – Community Support Services Officer

Administration Column

Once again a very big thank you to our wonderful volunteers who help keep our Centre organised and running smoothly –

Bebe -	who is organising our Archives
Jane -	who has completed a stocktake on our tee shirts
Frank -	who helps us out with his carpentry expertise.
Barry -	who has helped with some building maintenance

Centre for hire – Our Centre is available during evenings, weekends and term breaks for private use at very competitive hourly rates

Client Profile

John Shaw



I was a News and Current Affairs Producer at Television New Zealand.

I have two daughters and one grandson, one Sister Jane, and two brothers both of whom are in television. One, Bryan, is the Editor of Outrageous Fortune and Spartacus and my brother Andrew is the General Manager of Programmes and Acquisitions at TV.

I would often travel in this job. I've been to the West Coast of America where we would interview film producers, directors, anti-tobacco lawyers. I also travelled to Australia to do a story on Cirque du Soleil where a New Zealand girl was the star performer.

In 2006 on August 9th I was sitting at my desk when I was suddenly hit with a seizure. I'd never had one before. This led to various investigations at Auckland Hospital. They initially thought I had Cancer of the brain .but after surgery they discovered it was an infection. This lead to 3 operations.. The infection is as yet unidentified unfortunately.

The surgeries left me with a stroke-like condition on my left hand side which means I have difficulty walking and using my left hand and arm.

I've had various rehabilitations including the usual physiotherapy and hospital rehab services which have improved me a little but not as much as I had hoped for. My eyesight has also been damaged as a result of the operation.

We came across Conductive Education completely by accident. My sister was driving down the road and she saw the sign for Conductive Education. She thought she would pop in to see if there was anything Conductive Education could do for me. She was welcomed and I have been coming for weekly sessions since May this year. I have found it extremely helpful. My walking has improved. My arm movement has improved. It's not back to normal by any means, but it is vastly improved and I am considerably better with walking and in my overall confidence.

Conductive Education operates purely by funding and MoH.

I would urge anyone else considering funding CE to consider it extremely worthwhile and it would be most welcome.

Are you eligible? Our approach was we think we might be. We didn't have to We've been to so many providers where we had to fill in forms to see if we qualified, for subsidies etc. But in this instance I just saw Inna who said she thought she could help.

