

INTEGRATED NEUROLOGICAL REHABILITATION FOUNDATION

Through Conductive Education

APRIL 2010 - NEWSLETTER

Chairman's Message

Hello Everyone,

It was good to see so many of you at our AGM. AGM's can be boring, but it is about you. It is about the Foundation and its progress which is most important. Progress, yes we have progressed. We had famous visitors to our Centre. Our public profile has been lifted. Ministers are finally recognizing the importance of our work. Our client numbers are constantly increasing. We now have two new Conductors' Assistants, Stacey O'Gara and Kumiko Tanaka who have both fitted in very well. They are learning fast and are well received by our clients.

Now we have a total of three Conductor Assistants, we are in a position to take on more clients. Of course our major task is to raise more money, to convince Government that Conductive Education must be established nationwide. I have written an extensive letter to our Prime Minister and have sent copies to the Minister of Health and the Minister of Social Welfare. We are waiting for their responses. We have a short and long term plan and are seeking Government

to make an investment in Conductive Education. We can, we have and we will help people.

You will be pleased to know that Frank Nobilo, the famous New Zealand golfer donated \$62,000 to our Foundation. The Foundation is debt free, but for us to grow and engage a third Conductor we will need Government funding.

Later on this year we are planning to stage a Charity Celebrity Fundraising Pro-Am Golf Classic, with our Foundation being the beneficiary.

Last, but not least, we have Jan Brown and Franz Schwanner as our two new Trustees and we welcome them.

So you can see we will have a busy and exciting year ahead of us. I wish you all well.

Frank Schwanner
Chairman

Conductors Column

As you can see, our team has grown again. In February we welcomed our new Assistant Kumiko to the Foundation. She is very helpful and has already settled well in our Centre. Kumiko is from Japan and is planning to live and work in New Zealand. So now we really do have an international team! Kumiko is experienced in working with people with disabilities. I now believe our clients can receive more help when they need it and we can increase the number of our clients.

We have been successful in our application to the Henderson Community Wellbeing Fund for amount of \$600. Then we had our Christmas lunch at Titirangi RSA, the food was lovely, people were quite relaxed and happy, so we did very well selling our empty box for \$260. This all has given as an opportunity to buy a new fridge for our Center. On behalf of INRF we wish to express our sincere appreciation to Waitakere City Council and our clients for grant and raffle tickets which have helped us.

Inna Shoshina
Senior Rehabilitation Specialist

MISSION STATEMENT

Our vision is to empower all people involved with Conductive Education to embrace its healing power, thereby enabling them to accomplish a lifestyle in which human potential is celebrated.

Community Services Column

A bra request for The Girl Guides and Breast Cancer NZ

This year the Breast Cancer Foundation has asked Girl Guiding NZ to help raise awareness for breast cancer. Robyn Martinovich, the Girl Guides Unit Leader in Dargaville, has come up with a fantastic way for her Guides to contribute. To break the kids Guinness World Record for the "longest bra chain", which is currently held by Australia at 166,000 bras. She has set a goal to achieve this by November 2010.

This opportunity is also a fantastic way for the Guides to achieve their community action and help them realize they have a voice that will be heard.

At the end of this, all bras in good condition will be sent to organizations like Breast Mate in Cambridge who distribute them to ladies in

Africa. This ties in nicely with the Girl Guide Thinking day topic this year which is "World Poverty". This will help the girls become aware of the countries that are far less fortunate than ours.

If you, or anyone you know, have any old bras you no longer use that you could send to us to help smash this record!! Whether you have 1 bra or 100 it doesn't matter because it all helps!

Any bras can be sent to: Robyn Martinovich, 550 Mahuta Rd, R D 1, Dargaville

Alternatively, you can place them in the box in Admin and we will collect and send them to Robyn. From the Dargaville Girl Guide Unit, thank you very much



John Toole
Community Support Co-Ordinator

Administration Column



When Inna travelled to Hungary & Russia over Christmas she came back with a lot more than when she left, ie an engagement ring

We all wish Inna and her new fiancé every happiness

Clients Computer

We have set up a computer in our room 5 (off Reception) which has access to the internet and a printer. If anyone would like to use this, please contact Janet or John first.

Donations

Our Centre is growing with extra staff, which enables more clients individual attention. Many thanks to our clients who regularly pay a donation to our Centre.

To others please help us to keep offering you quality Conductive Education classes in a well equipped Centre with adequate staff by giving us

a regular donation of \$10 per week

Bits 'n' Bobs

Client Contact

Please let us know if you have moved or changed your phone number

Tai Chi Classes

Tuesday mornings from 9.15am-10.15am. All welcome. Fee: gold coin..

Centre for Hire

Centre available for private use at competitive hourly rates.



Our Client Helper/Cleaner, Ali is going on a 100kms sponsored walk on 10/11 April somewhere near Taupo. She plans to walk 100 kms (without Pippa) in 25-36 hours to raise funds for Oxfam. Donations or sponsors welcome. Contact Ali, Janet or John

Last day
First day

Term, 1
Term 2

Thursday
Monday

1 April 2010
19 April 2010

Any queries phone INRF on 836 6830